



**Mutah University**  
**Academic Development & Quality Assurance Center**

## **COURSE PLAN SPECIFICATION FORM**

**Course: Clinical Psychology**

**Faculty: Faculty of Medicine**

**Department:**

**Academic Year: 2018-2019**

**A. Course Specification & General Information:**

• <b>University: Mutah University</b>	• <b>Course Title: Clinical Psychology</b>
• <b>College: Medical College</b>	• <b>Code: 1507201</b>
• <b>Department:</b>	• <b>Credit Hours: 2 hours</b>
• <b>Semester &amp; Academic Year: 2018/2019</b>	• <b>Instructor: Faris Alsaraireh, PhD</b>
• <b>Office Hours:</b>	• <b>Course Level: Second year</b>

## **B. Objectives and Expected Learning Outcomes**

- Describe the nature, philosophy and scope of clinical psychology.
- Define clinical psychology and related terms
- Discuss the concept of mental health and mental illness.
- Describe the therapeutic communication skills necessary for interacting with service users with psychiatric disorders and their families.
- Discuss psychiatric-mental health concepts, theories and specific therapeutic interventions used with service users demonstrating a variety of psychiatric behaviors and disorders.
- Compare selected theories, conceptual frameworks, and research related to human behavior and the etiology, prevention, and management of selected psychiatric disorders and behavioral issues.
- Analyze the relationship of biophysical, cultural, psychosocial and spiritual issues in psychiatric assessment, diagnosis, planning, intervention, and evaluation involving service users with mental health disorders and problems.
- Describe the importance of collaboration with other professionals and members of the psychiatric health care system in providing care for service users with psychiatric disorders
- Gain knowledge about various treatment modalities and their applications.
- Correctly use psychiatric terminology to describe a service user's symptoms
- Apply the components of a holistic assessment, including mental status examination, mini-mental status examination, and other psychological tests.

## C. Course Plan Distribution & Learning Resources

Topics to be Covered	
Lectures	
	<p><b>Introduction</b> Definitions fields of psychology and aims in relation medicine, determinant of behavior.</p> <p><b>Instincts</b> Concepts, motives, drives and nature of instinctual behavior development</p> <p><b>Ethology and human behavior</b> Needs according to Maslow</p> <p><b>Higher mental processes</b> Perception (definition, influence, attention, and disorders of perception, illusions and hallucinations) Memory (definition, mechanism and influencing factors, forgetting and disorders) Thinking (definition, characteristics, concepts, symbols, abstract factors disorders) Learning (definition, modes, classical and operant conditioning modeling and cognitive, principles of conditioning, reinforcement principles, implication and fear formation)</p> <p><b>Emotion</b> Definition, aspects, theories, psychophysiology, emotion and learning</p> <p><b>Relation between mind and body</b> Psychosomatic medicine, experiments, human diseases</p> <p><b>Personality</b> Concept, approaches in understanding determinants of personality, (internal influencing factors, genetics, constitution,...) external determinants, (family, school, society, illness,..)</p> <p><b>Anxiety Disorders</b> Concepts, factors, coping</p> <p><b>Schizophrenia and other psychotic disorders</b> Concepts, etiological factors, types, ...</p> <p><b>Mood disorders</b> Concepts, factors, coping</p> <p><b>Eating disorders</b> Concepts, factors, coping</p> <p><b>Cognitive disorders</b> Concepts, factors, coping</p> <p><b>Mental defense mechanisms</b> Definitions, characteristics, types,....</p>

**Doctor – patient relationship**

Patient role, doctor role,

**Sleep pathophysiology**

Definition, sleep cycle,..

**Treatment modalities**

Types of psychotherapies,....

**Learning resources**

1. Hunsley, J., & Lee, C.M. (2014). Introduction to clinical psychology (2nd ed.). Hoboken: Wiley & Sons
2. Synopsis of Psychiatry, 8th Edition, Kaplan H. & Sadock B. (1998)
3. Human Behavior: An Introduction for Medical Students, Stoudemire, Alan 3rd Edition, 1997, Lippincott
4. Behavioral Science in Medicine, B Fadem. Lipincott Williams &

Williams, 2003

**D. Teaching strategies to be used to develop that knowledge**

No	Teaching strategies
1	Lectures.

**E. Methods of assessment**

No.	Assessment task	Proportion of Final Assessment
1.	Mid exam	40%
3.	Final exam.	60%
<b>Total</b>		<b>(100%)</b>

**F. General Instructions:**

No	Additional Notes, office hours, attendance policy, etc....
1	All university roles are adopted strictly by the department

